



Adopt a Family

Once again Cadgewith will be adopting a family for the holiday season. We are starting to collect donations for the family NOW. Please drop off any non perishable foods, toiletries, and toys at the office anytime. More exact toys and clothing sizes will be posted in the December newsletter. We thank you in helping us support a local family this holiday season.

Capital Area Humane Society Donations

Pam Jackson has started to collect donations towards Capital area Humane Society, called FILL A KIA! This time of year CAHS is in need of many items for the shelter. There are lists at the mail stations for you to take or you may ask Pam Jackson. Items may be dropped off at 316 St. Ives South anytime. By the second week in December she hopes to have her KIA filled\$ will all the item to take to the CAHS on Grand River in Lansing.

November Contest

Count how many times you find a \$ sign in the newsletter. Write your number down and put it in the jar in the office. One winner will win a \$10 Meijer gift card!

Congratulations to Our October Winner!!
Deanna Strolle

Lansing Silver bells

The 35th Annual Silver Bells in the City is Friday, November 22, 2019 in downtown Lansing.

Friday Nov. 22– Silver bells village, Electric light parade, Lighting of state tree, Community sing, fireworks, and live concert (parade and tree lighting will be broadcasted on PBS)

Saturday Nov 23- Opening of BWL toy mill, brunch with Santa, Silver bells 5K race

Sunday Nov 24– Brunch with Santa

November Newsletter



Notice From the OFFICE:

Plumbers is planned to be out November 11, 2019. They will be doing a sewer clean out. Then they will video our lines to be in compliance with SCCUMA (Southern Clinton County Municipal Authority). What this means for you, If you LIVE ON CADGEWITH EAST, your sewer lines will be cleaned. Plumbers will come through the day before the cleaning and place a hang tag on your door on what you need to do. If you have any issues, there will be a number to call and get help.

Neighborhood Watch News:

Summer is over, time to get ready for old man winter. When walking your dogs during that late fall and early winter months, make sure you have a flash light with your for walking in the streets. Cars can see you when you have some sort of light working on yourself. Wear reflective vests, this helps as well.

Slow down on the street, leaves make it slick to stop quickly and you can skid further than you are wanting to. The speed limit here at Cadgewith is 15 MPH for \$EVERYONE.

If anything you see or hear doesn't seem right, call 911. We all have to be careful and alert at all times.. Let police investigate anything that is a concern of yours and the community. No one should be knocking on your doors at 10pm at night if you don't know who it is.



ATTENTION! ATTENTION! ATTENTION ALL RESIDENTS!!!
IT IS MANDATORY YOU HAVE A WATER STICK PLACED AT/NEAR YOUR WATER SHUT OFF BEFORE YOU LEAVE TOWN OR AFTER YOU GIVE YOUR YARD THE LAST MOW OF THE SEASON.
YOU MUST DO THIS BEFORE THE GROUND FREEZES F\$OR THE WINTER.

CFA President Letter

Hello to everyone. I would like to thank all the golfers who participated in our Monday outings this year, a good time was had by all and I believe that last Monday probably was the last time for this year unless we have another nice warm up. A hearty thanks to Don and Marilyn Williams for hosting their Annual Lasagna Dinner and a big thanks to all their helpers. Great Meal!!! Thanks to Jack and Shirley Tingle for another great pancake breakfast and to all who worked with them. Thanks to Denise for her new exercise program and everyone who attended. There will be a pancake supper in November on the 14th at 5:30. Thanks again to all who play Bingo and to all who play Euchre and to Lana for heading up the Chair Yoga. May you all have a Blessed Thanksgiving and a great \$November. Plans are almost complete for the Christmas Dinner in December thanks again to Suzanne and Steve for taking charge. ~Respectfully Frank McBride.

LEAF PICKUP DATES

We are having our annual leaf pick up dates as follows:
1st PICK UP WEDNESDAY OCTOBER 30
Tuesdays:
November 5, 12, 19, & 26

Just a reminder for all residents:
*No yard waste, this includes but not limited to sticks, grass clippings, flowers, and bushes.
*Leaves must be at the curb before the guys come through, we are unable to stop to help residents finish raking to the curb.
*Do not mulch leaves with your lawn mower, this clogs our equipment.
We appreciate everyone's cooperation in this process. We want to be able to offer this service to all residents however, if our equipment breaks we may not be able to get it fixed and offer leaf pick up for the rest of the season.
Cadgewith Farms Maintenance Staff

November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 WATER FLUSHING 10am Bible study 10:30am Fall Exercise 2pm Shuffleboard	5 LEAF PICK UP 10:30 Chair Yoga 2pm Bingo	6 10:30am Fall Exercise	7 10:30 Chair Yoga 7pm CFA board meeting	8 8am Mens Breakfast FTC 2pm Euchre	9
10	11 10am Bible study 10:30am Fall Exercise 2pm Shuffleboard	12 LEAF PICK UP 10:30 Chair Yoga	13 10:30am Fall Exercise	14 10:30 Chair Yoga 5:30pm Pancake dinner	15 8am Mens Breakfast FTC 2pm Euchre	16 8am Pancake Breakfast
17	18 10am Bible study 10:30am Fall Exercise 2pm Shuffleboard	19 LEAF PICK UP 10:30 Chair Yoga 2pm Bingo	20 10:30am Fall Exercise 7pm Book Club	21 10:30 Chair Yoga 11:30am Ladies luncheon at Flapjack	22 8am Mens Breakfast FTC	23
24	25 10am Bible study 10:30am Fall Exercise 2pm Shuffleboard	26 LEAF PICK UP 10:30 Chair Yoga	27 10:30am Fall Exercise	28 HAPPY THANKS GIVING	29 8am Mens Breakfast FTC	30

Shuffleboard

The new shuffleboard court is set up in the basement of the clubhouse. We will play on Mondays at 2pm each week.
~Ray Snyder

Euchre

Euchre is doing great with an increased attendance since Ken & Lana Hough have begun with their additional night. Games are the 1st & 3rd Fridays of the month from 2-4pm. Come one, come all!
~Ray Snyder

Bible Study

Bible study is still meeting at the Keys home 222 St. Ives North on Mondays 10am-11:30am. We are beginning to study The book of Genesis with the emphasis on the importance of having a biblical worldview for our lives. Everyone is welcome to join. ~Ray Snyder

Craft Class

This months craft class will be held Monday November 18th at 6pm. We will be making the hanging tree in the photo. Your welcome to bring your own bulbs, and acrylic paints for a specific color choice. Come enjoy this little activity with your neighbors and friends at Cadgewith!

Book Club

Wednesday Nov 20 at 7pm book club will meet in the clubhouse. We will discuss The Island Of Sea Women by Lisa See. Please come join the great discussion
-Suzanne Phelps

The flu shot clinic was a big success, with some snow birds already taken off, we had over 40 people participate. Sam's Pharmacy will be doing it again next year, and we are looking at the week after labor day. Stay tuned next year for time and date of this. Again Thank-you for coming.

Bingo

Please join us on the 5th & 19th between 2-4pm for an afternoon of Bingo fun. Hope to see you all there.
~Mike Shaw



FALL EXERCISE CLASS

The fall exercise/walking class meets in the Clubhouse on Monday & Wednesdays. This class will begin with a stretching and light warm-up for the first 15 minutes and then a two-mile walk to a video of my choice. As always, you should go at your own pace. This class is free and all residents are welcome. Be sure to wear loose clothing and a clean pair of walking shoes as we are on carpet in the Clubhouse. Also, you may want to bring a bottled water with you to hydrate. Walking offers numerous health benefits, such as improving heart health, lowers blood sugar after eating, can reduce pain, promotes social engagement and boosts your overall mental health. I look forward to seeing you all there!

Denise Hartman at 517-420-1438